

# SUMMARY REPORT OF TRAINING SESSION

SUPERSEVA SERVICES PVT. LTD.

SATURDAY, 23RD NOVEMBER 2019



# CHILD SEXUAL ABUSE: WORKSHOP FOR WORKING PARENTS

## SUPERSEVA SERVICES PVT. LTD.



Event: Workshop for Working Parents  
Date: Saturday, 23rd November 2019  
Location: SuperSeva Services Pvt. Ltd., HSR Layout  
Participants: 20 employees  
Facilitators: HowToTellYourChild

HowToTellYourChild conducted a training session for the employees of SuperSeva Services Pvt. Ltd, titled 'Child Sexual Abuse: Workshop for Working Parents' on Saturday, 23rd November 2019. All 20 employees were parents between the ages of 25 and 43.

This report is a summary of the training session.

### BEFORE

Participants responded that they understood child sexual abuse to be variations of touching a child without consent

The mindset was tuned to react to abuse incidents

Participants believed that the burden of protecting children lie with parents alone.

### AFTER

Participants learnt that child sexual abuse goes beyond touch-based forms

The mindset shifted to a preventive mode of abuse

Most participants understood how protecting children involved the participation and alertness of the child's entire ecosystem.



*Parents participating in the survey*

# CHILD SEXUAL ABUSE: WORKSHOP FOR WORKING PARENTS

## SUPERSEVA SERVICES PVT. LTD.



An initial reading of the group found that only a quarter of them had conversations about sexual abuse with their children.

It was found that Good Touch - Bad Touch was the preferred method of educating children about sexual abuse.

The group discussed the shortcomings of touch-based forms of prevention.

Participants reflected on how they have a set of dos and don'ts in order to protect their children from abuse.

HowToTellYourChild's 5 Alerts System made an impact on the minds of the participants. Good Touch - Bad Touch seemed inadequate when examples of non-touch based abuse were presented. The need to respect a child's boundaries was realised through a fun activity.

The participants, most of whom were parents, agreed that the consent of the parents should be sought before showing affection to the children.

Questions on the procedure to report incidents of abuse and the right age for educating children about abuse were discussed.

Parents reflected how it is important for everybody around a child to be aware of the dangers of sexual abuse, the prevalence, and what they can do to prevent child sexual abuse.

They also learnt how they can respect the boundaries of other children that they may or may not be interacting with.

**"NOTHING WILL HAPPEN TO OUR  
CHILDREN AND THEY ARE  
ALWAYS SAFE"**

*- a participant reflecting on the belief many parents share which leads them to neglect initiating conversations about personal safety with their children*



*Participants viewing a HTTYC video  
on ways to prevent CSA*

## **CONCLUSION**

ALL PARTICIPANTS HAVE A CLEARER IDEA ABOUT THE NUANCES OF CHILD SEXUAL ABUSE AFTER THE SESSION.

A COMPREHENSIVE UNDERSTANDING OF SEXUAL ABUSE WAS ACHIEVED AND BETTER PREVENTIVE MEASURES WERE EXPLORED.

ALL PARTICIPANTS HAVE A CLEARER UNDERSTANDING OF A CHILD'S BOUNDARIES AND THE IMPORTANCE OF RESPECTING THEM.